

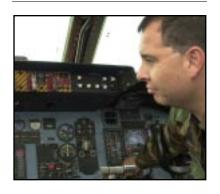
TRAVIS AFB, CALIF. FRIDAY, NOVEMBER 2, 2001



TENURE ENDS

AMC commander speaks on eve of retirement

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AGS & THE MISSION Squadron proud of its mission, commitment to community

- Page 16



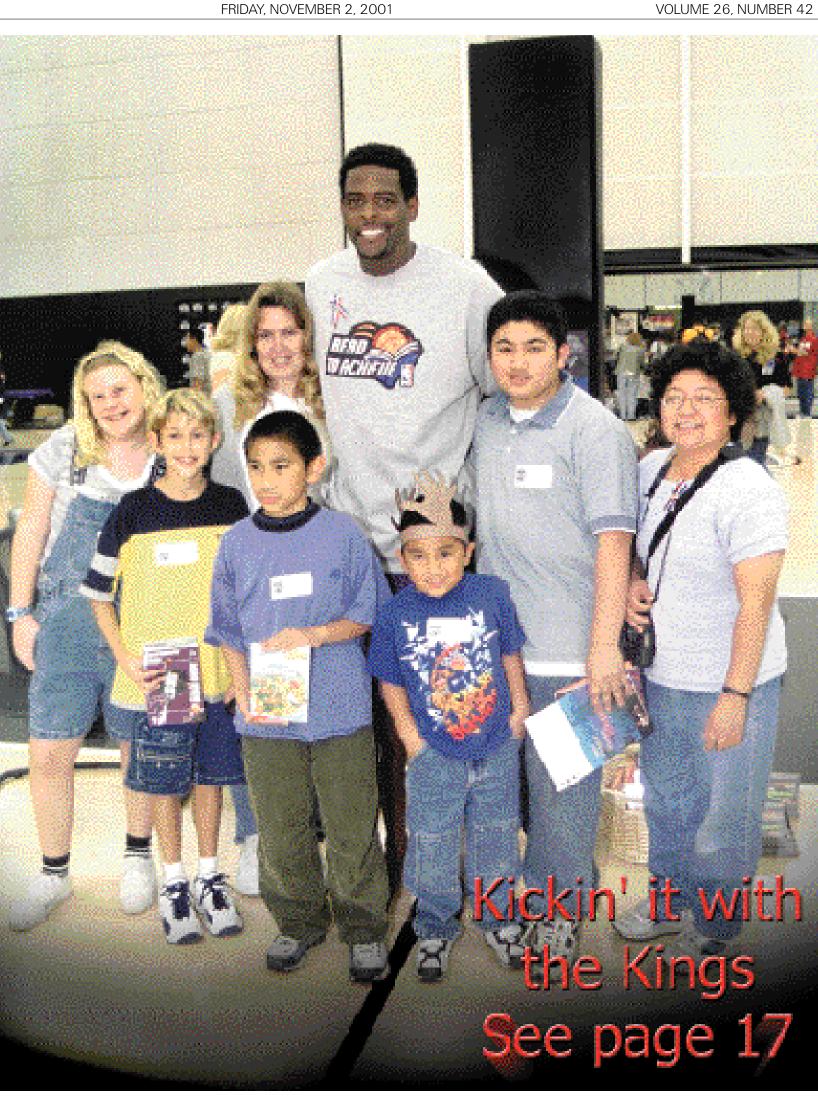
THE FUTURE AF JSF is the Air Force's fighter of choice

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C-5 TRIPLE TURN

Travis meets the challenge against the odds

- Page 5



Words from the top...

Hearts shine bright, even in darkest of times

By Col. Dave Lefforge

Commander, 60th AMW

As the displays popping up in stores this time of year remind us, we're rapidly approaching the holidays — the season of giving. While the events of Sept. 11 have darkened our moods, this nation's spirit is strong, and our generosity and commitment to service will only grow in times of need.

Nowhere is this fact more evident than right here at Travis, where the high operations tempo and deployments related to Operation Enduring Freedom have not dulled our willingness to give.

We all owe thanks to the members of Air **Force Sergeants Association Chapter** 1320 and the First Sergeants Association here at Travis. Over the past year, each unit has elected one or two ambassadors who have conducted fund raising events to encourage a continuous cycle of "giving back" to the base agencies supporting our enlisted airmen and their families. This year, the ambassadors donated \$9,092 to the Travis USO, Fisher House, Airman's Attic and the First Sergeants Association.

Each of our ambassadors is a full-time military professional as well as a parent, mentor, spouse, teacher or coach to others, but they still find time to help make a difference for our airmen. I applaud them for their generosity of time and effort in helping the agencies that help you.

I'd also like to thank **Col. Stephen** Golden, Capt. John Johnson, CMSgt. Larry Errecart and the nearly 150 keyworkers assisting them during this year's Combined Federal Campaign. With fewer of us spread thinner and working harder, making sure people know about CFC and complete the forms to contribute to the program has been a tremendous challenge.

Nevertheless, we've managed to collect more than \$186,000 toward our \$275,000 goal.

To ensure we have the time needed to tell all our people about this great way to assist the charities of your choice, I've extended the base campaign until Nov. 16, and we'll accept forms from our deployed members until the deadline Dec. 15. If you haven't seen your unit keyworker - who is listed on the Travis Intranet page at w3.travis.af.mil, then click on the CFC logoplease do so today, and consider contributing what you can to one or more of the many agencies affiliated with the CFC.

Along with this week's theme of giving, we should all take a moment to thank the dedicated men and women of the 60th Aerial Port Squadron, augmented by their Total Force partners in the 45th, 55th and **82nd** APS's, for the great work they've done for Operation Enduring Freedom.

This week, the port moved more than 687 tons of humanitarian daily rations -188 pallets weighing between 5,000 and 8,000 pounds each — in support of humanitarian airdrops over Afghanistan. Thanks to their efforts, Afghanis suffering under Taliban rule will have 500,000 meals to provide some relief as our necessary campaign against terrorists and their supporters continues.

This effort was only the latest in our porter's string of achievements since Sept.

When hostilities break out, we often assume our deployed airmen are the only ones making the mission happen. In air mobility, the reality is that the mission doesn't start until we get the right cargo and passengers loaded on the right plane, quickly and safely. Nobody does this better



Col. Dave Lefforge, wing commander of the 60th AMW, talks to members of the 22nd Airlift Squadron Oct. 26 in the squadron's auditorium.

than Team Travis!

I'd like to end this week's list of heroes with our own Air Force Band of the Golden West. I neglected to mention them in last week's article, but they tipped the scales in making President Bush's Oct. 17 visit an event none of us will forget. Thanks to them all!

And while those of us who remain at Travis have hunkered down to the work of fighting terrorism while running a base, the band has been the face of America's military, restoring pride and confidence in communities throughout California. They've even taken time from their touring schedule to play half a dozen concerts to boost the morale of units working long hours here

Based on the examples of the band, the porters, the AFSA, our first sergeants and those of you who have contributed to CFC, Travis people don't need to get into the true spirit of the holiday season. We're already there because service and generosity are values we're living every day.

Tailwind

Travis AFB, Calif. 60th Air Mobility Wing

Col. Dave Lefforge 60th Air Mobility Wing commander

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TRAVIS AIR FORCE BASE

Call the Action Line at 424-3333

Housing denied

I am married and have four children. Two of my kids, both girls, spend about 35 percent of their time with me; the other two, both boys, live with me full time. My

youngest son has medical conditions that require him to wear a sleep apnea monitor. When the girls are here, I cannot bunk them with the older boy because of age and sex difference, and I cannot bunk them with the younger boy because his monitor sets off an alarm five or more times a night. I requested a four-bedroom home but have been denied.

Only dependents who live with you more than 50 percent of the time are counted toward your housing authorization, which means you are only entitled to a three-bedroom home. Currently, the waiting list for four-bedroom homes has families living off base for an average of 60 days for junior enlisted to a full year for field grade officers.

Making exceptions for families who do not have more than 50 percent custody of their children will further hamper our ability to

move families into base housing as quickly and fairly as possible. Handicap parking

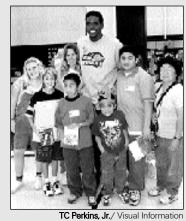
Before Sept. 11, handicapped people had easy access to Bldg. 381, with designated parking on the east side upper lot close to the door. After Sept. 11, there is no handicapped parking close to the single entry point. The closest parking spots are either reserved for 15th Air Force personnel or filled with the vehicles of people arriving early at work.

I've observed many older people struggling with walkers and crutches to get up the hill from the lower parking lots, and I think it would be nice to have some reserved spots close by.

Even before your call, we had established four handicapped parking spots in the parking area closest to the Bldg. 381 entrance.

Many of our base parking lots were not constructed with required security clearances in mind, so our heightened security posture has eliminated a fair amount of on-base parking.

In addition to the effects on handicapped customers, we've observed people parking in unsafe or illegal areas or on the grass, which is unacceptable. We are aggressively re-evaluating our basewide parking and installation security plans with an eye towards solutions that will keep us safe while minimizing personal inconveniences over the long haul.



Kickin' it with the Kings: Chris Webber, forward with the Sacramento Kings, takes time out with Team Travis children Saturday at the Kings' practice facility. See more on page 17.

AMC commander: Proud of what we've accomplished



Gen. Charles T. "Tony" Robertson Jr.

Commander in Chief, U.S. Transportation Command Commander in Chief, Air Mobility Command

SCOTT AIR FORCE BASE, Ill. (AMCNS) — Just over three years ago, I took command of two magnificent organizations, the U.S. Transportation Command and Air Mobility Command. In just a few days, with a mixture of pride and nostalgia, my tenure as your commander will come to a close.

If there's ever been a service for which the term "labor of love" was coined, it has been this one. The opportunity to contribute to and improve upon a mission that's so critical to our country, while at the same time rubbing shoulders with some of the finest airmen this country has ever produced, has been — to put it mildly — exhilarating!

I'm very proud of what we have been able to accomplish together. From deploying our Expeditionary Air Forces, to delivering emergency relief supplies to flood-ravaged countries, to helping fight the fires that have scorched thousands of acres in the United States, to lifesaving medical evacuations, the Total Force men and women of AMC have always been there, leaning forward, to answer our nation's call. September 11th was no exception.

Our response to the worst terrorist attacks in America's history was crucial to the early success of Operations Noble Eagle and Enduring Freedom. From the very first moment, you — the warriors of America's Air Mobility Team — responded as you always have — with the total commitment and unwavering professionalism your grateful nation has come to expect.

During the weeks that followed the attacks on the World Trade Center and Pentagon, you have flown emergency response teams, supplies and equipment to the East Coast. You have manned air refueling aircraft in the skies over America, allowing our fighters to maintain, uninterrupted, their homeland defense missions. You have taken our U.S. forces to the fight, helping to deny the terrorists hiding in Afghanistan the safe haven from which they have been operating, with impunity, for years. At the same time, you've delivered food, medicine and other supplies to the victims of Taliban oppression on the ground in Afghanistan. And you have extended the wings of our fighter, bomber and airlift fleets through an air refueling airbridge of major proportions. Your complete devotion to duty, not to mention your commitment to your country and to your countrymen, is truly admired, both at home and around the world.

There are a host of new challenges on the horizon as we face the dual demands of this new century and changing world. But no organization is better prepared to meet those challenges than AMC. No organization has a finer team of leaders. And no group of warriors has so much to offer to our great nation.

Over the years that I have been honored to be your commander, I've generally reviewed the command's issues through one of three prisms: readiness, modernization/process improvement and people. Today, I'm very proud to report that together we have brought about major improvements and significant successes in every area.

Our readiness can easily be seen in our response to our nation's repeated call for emergency relief and crisis intervention. Our tremendous successes are also apparent in our response to those who would use the bombing of innocent civilians as their weapon of choice, to Saddam Hussein's repeated provocations in Southwest Asia, as well as to the U.S. and NATO support of emerging democracies in Bosnia and Kosovo.

But our successes have gone beyond large combat operations. We also engaged in an endless series of other "high amplitude, short wavelength" operations. With respect to these quick in-and-out operations, I am particularly proud of our response to the U.S. embassy bombings in Kenya and Tanzania, as well as to that

of the USS Cole; of our South Pole airdrop and subsequent medical evacuation missions; and of our missions to repatriate the Navy EP-3 crew that was forced to land on Hainan Island.

As impressive as those high-visibility missions were; though, our readiness can't be viewed in a vacuum. It has been imperative that we maintain an aggressive force modernization program to recapitalize our aging aircraft fleets, aging ground handling equipment and global infrastructure.

In this regard, I'm very proud of our tremendous across-the-board success in gaining higher level support for our modernization and process improvement initiatives. From our new Tunner and Halvorsen loaders to the total cockpit and avionics modernization of our C-5, C-141, C-130 and KC-135 fleets, to our C-5 reengining program, to continued (and expanded) procurement of the C-17, we have locked in the decisions (and the funding required) to keep mobility squarely in the fast lane of defense modernization for many years to come.

We have funded and fielded major improvements to our global en route system, significantly increasing our flexibility and responsiveness to crises. We have reorganized our lead mobility wing structure, and restructured our communications systems, consolidating and redefining the command's use of the Internet through an aggressive e-mail consolidation program. One of our highest priority projects has been Mobility 2000 (M2K), our initiative to revolutionize, through real-time mission support, our global command, control and communications systems for our aircraft and aircrews. Through M2K, we continue to emphasize the importance of global air traffic management to allow our aircraft the means to operate effectively in an increasingly overcrowded international airspace environment.

As you and I well know, though, modernized equipment doesn't guarantee success — Air Force people are the heart and soul of our capability. It only stands to reason that if we're to maintain our readiness and our technological edge, we've got to do everything we can to take care of our people and their families.

We began our Year of the Family program in fiscal 1999 and continued it through 2000 to focus our command on quality-of-life initiatives. I designated fiscal year 2001 as the Year of Retention and Recruiting to further focus our efforts on attracting and retaining the kind of high-quality people we need to carry on our critical global mission. Through literally hundreds of initiatives, we have upgraded our family housing, our dormitories, our squadrons, our dining facilities, our medical facilities, our child development centers, our fitness and recreation facilities, and our places of worship throughout AMC.

We began our Year of the Family program in fiscal 1999 and continued it through 2000 to focus our command on quality-of-life initiatives. I designated fiscal year 2001 as the Year of Retention and Recruiting to further focus our efforts on attracting and retaining the kind of high-quality people we need to carry on our critical global mission. Through literally hundreds of initiatives, we have upgraded our family housing, our dormitories, our squadrons, our dining facilities, our medical facilities, our child development centers, our fitness and recreation facilities, and our places of worship throughout AMC.

And now fiscal 2002 is our "Year of Warrior Spirit." I can't think of a more appropriate time to focus our attention on the warriors who, day-to-day, make our important mission so successful. As I have said, taking the fight to our enemies is what AMC warriors are all about, and that, in essence, is what the "Year of Warrior Spirit" is all about.

When all is said and done, please know and remember only this. Whatever accomplishments may be ascribed to me during my time as commander, you are the ones who have routinely made it happen ... around the clock ... 24/7 ... every day of the year — often in the face of seemingly insurmountable odds. In the final analysis, I've been but one more of the millions of men and women who have served and continue to serve our nation proudly. Brenda and I have truly cherished this opportunity and, when the last echelon has passed the reviewing stand, of all the things we will miss, Brenda and I will miss you the most — the men and women who make our Air Force and our command the world-class organization that it is. No one else comes close!

God bless you all... and until our paths cross again, be safe!

NEWS NOTES

New number

Effective today, the customer service number for the 60th Comptroller Squadron Financial Services Office has changed to 424-1957. All active duty members seeking financial service information may visit

www.dfas.mil for basic pay rates or phone (800) 755-7413 for individual pay information.

Office closure

The 60th Comptroller Squadron will be closed today at 2 p.m. for a promotion ceremony.

For assistance in the event of an emergency, page 428-2953.

Rising 6

The Travis Rising 6's next scheduled meeting is at the DeltaBreeze Club Nov. 14 at 3:30 p.m. All Travis enlisted members including Navy, Army, Marines and Coast Guard E-1 to E-6 are welcome to attend.

For more information, call 423-7936.

Retired CLEPs

The following paper-based CLEP tests are being retired as of Dec. 31: Introductory Business Law, Calculus with Elementary Functions, Information Systems and Computer Applications. Members interested in testing for credit should study now and schedule a test date before the dead-line

For more information or to schedule a test date, call the Education Center at 424-3444.

Commissions

For personnel interested in a commission through the Air Force Academy, now is the time to start the application process to enter the academy or prep school. The next deadline for the Academy is Jan. 31, 2002. For personnel unable to meet the January deadline, the next deadline is March 15 for Fall 2002 school entry. Representatives from the academy and Air Force ROTC will be on hand to answer questions at the Education Center Nov. 9 at 10 a.m.

For more information, call 424-1727.

Post office hours

Due to the current security posture and the changing hours of the Post Office, the new lobby hours will be in conjunction with the mini-mall hours. The new hours are: Monday to Friday 7:30 a.m. to 6 p.m., Saturday 9 a.m. to 5 p.m. and Sunday 1 to 5 p.m.

■ SEE **NEWS NOTES** ON PAGE 10

Flood water preparation

CE takes action to thwart Vacaville water runoff

Tailwind Staff

Northern California's perennial rainy season doesn't distress most state residents, but flooding does present some problems for the base.

Residents of the Old Capehart and PAIP housing areas on base are especially vulnerable to flooding from November through January, according to Ed Cebula, chief of horizontal construction for the 60th Civil Engineer Squadron.

"We experience flooding because our exit point for the base is five feet above sea level," he said. "We're subject to the tidal flow of Suisun Bay. We have four tides in a 24-hour period and two of those are high tides, and at any give time it can go up to seven feet. Therefore, it would be two feet above sea level, and the water cannot go anywhere because there is no place for it to go."

Further compounding the laws of physics, all underground and surface water flowing through the base ties into Union Creek and exits the base through one drain near the South Gate.

Flood conditions exist when the base gets two inches of rain in a four-hour period, Cebula said.

In January 1997 the base was deluged with two inches of rain in one hour. The torrential rain, combined with a plus tide of six feet in Suisun Bay, deluged the lowest point and primary drainage exit point on base.

Floodwaters ranging from one to three feet inundated the Old Capehart housing areas from Hamilton Street to Hill Court, Bond and Forbes streets, and Smith and Armstrong streets. The threeblock section of the PAIP housing area between Cannon Drive, Maine Street and Travis Avenue was also under water.

About 50 families were evacuated from base housing, including 12 from Hamilton Street, which was particularly hard hit, according to Dave Pinckney, deputy chief of the 60th CES Operations Flight.

It took about one hour for the high tide in Suisun Bay to subside and for the flooding on base to disperse. Aside from the damage sustained by housing residents, the base escaped the storm relatively unscathed.

"Our damage was minimal," Cebula said. "We had some sheet rock damage to the houses and some ducts that needed to be cleaned out. Most of the damage was to household goods."

Since the flood, the 60th CES has taken a proactive approach to mitigate the affects of any future flooding. The squadron rented a 65-foot excavator to dredge Union Creek from Forbes Gate to South Gate in November 1998, and will rent it again this year.

"It increases volume and capacity, and since that time we've had very minimal flooding on base," Cebula said. "Cleaning is part of the flood prevention plan, and those things are identified as areas we

Flood avoidance tips

- → Drivers and pedestrians should avoid unfamiliar areas during flood conditions.
- ➤ Keep speeds to a minimum, particularly in housing areas. When the water is overflowing the curbs, driving too fast can create waves and force the water into residents' homes through the bottom of their doors.
- ➤ Drivers should avoid using the North Gate, which is often impassable due to high flood waters.
- ➤ Do not sweep leaves or other yard debris into gutters for street cleaners to pick up.
- → Off-base residents and commuters can get current flood condition information by listening to radio station KUIC 95.3 from Vacaville.
- ▶ Base residents can help avert the disastrous affects of Mother Nature by reporting potential problems to the CE Service Call at 424-2575
- ▶ Base residents can also obtain sandbags to divert floodwaters by calling Pride Industries at 437-1230.

do prior to the onset of the rainy season. Normally we start it in September or October, and it is continuous until all of the leaves are gone."

Cebula's 30-member staff is responsible for cleaning out all of the drains, floodgates, drainage pipes at the South Gate, major ditch lines and Union Creek flowing through the base.

When a weather forecast predicts two or more inches of rain, the CES Unit Control Center is activated. After the rains begin, 12- to 15-member teams work 12-hour shifts to fight the effects of Mother Nature.

"Those folks are armed with miscellaneous tools and pumps to divert the water any way we can," he said. "We use sand bags and pumps to redirect the water flow. I also have four pumps that can move about 1,000 gallons of water an hour, and I have boats if we need to use them to evacuate people."

When the bay experiences a plus tide and heavy rainfall is imminent, the civil engineers go door-to-door informing base housing residents of the impending crisis.

The information is also broadcast on the commander's access channel for base residents. Off-base residents and commuters can get current flood condition information by listening to radio station KUIC 95.3 from Vacaville.

Once heavy rainfall begins, sandbags are distributed to high-risk locations throughout the base for civil engineers and residents to use to divert the floodwaters. Sandbags are stored on pallets in a warehouse until they are needed.

While the civil engineers have worked to mitigate the potentially adverse effects of flooding, they also need the assistance of base housing residents. Some base residents inadvertently compound nature's forces by sweeping their leaves into the gutter for one of the base's three sweepers to pick them up, according to Cebula. However, if the leaves are wet, the sweeper may not pick them up, and they could clog the drop inlets.

"They really need to clean their own gutters and drop boxes in their immediate areas so they are free of leaves and debris," he said.

"People in the PAIP housing areas should keep their areas clean. I can't get a sweeper in there, so all of the cleaning must be done manually. My staff does the work periodically, but the residents are responsible for keeping their own areas clean of debris."

Residents can further assist the civil engineers by being proactive and reporting any potential problems that could provoke and intensify flooding.

"A lot of times they are the first to see problems in the housing areas, and they can stop it," Cebula said. "It may just be leaves covering up a drain and we can go out and get it cleaned, or they can be proactive and do it themselves. If they see something that they perceive as a problem, I have people on call 24-hours a day that will check it out."

Residents in low-lying housing areas aren't the only people on base susceptible to floods.

Drivers on base frequently stall their automobiles, which must be pushed to safety. Even pedestrians can venture into water that is deeper than they might expect. For this reason, Cebula recommends that drivers and pedestrians avoid unfamiliar areas during flood conditions.

Cebula also encourages drivers to keep their speeds to a minimum, particularly in the housing areas.

When the water is overflowing the curbs, driving too fast can create waves and force the water into residents' homes through the bottom of their doors. Drivers should also avoid using the North Gate, which is often impassable due to high floodwaters.

"We will usually cone and block off roads once we respond," he said. "We will also evacuate personnel flooded out of their homes."

While the civil engineers have done much to mitigate flooding on base, base residents can help avert the disastrous affects of Mother Nature by reporting potential problems to the CE Service Call at 424-2575. Base housing residents can also obtain sandbags to divert floodwaters by calling Pride Industries at 437-1230.

Galaxy triple turn

Team Travis works hard to get peak performance from challenging airframe

By 1st Lt. Kim Garbett

60th AMW Public Affairs

It's not quantum physics or rocket science. However, a C-5 triple turn requires complex planning, coordination, exact timing and detailed maintenance on all levels, small and large.

On Oct. 3, a Travis C-5 built in 1968 was perhaps the first ever to perform a C-5 triple turn, or "trip turn," at an operational unit, flying three training sorties in 11.5 hours without turning the engines off.

Three squadrons, both active-duty and Reserve units at Travis, flew the aircraft that day and maintenance crews barely touched it throughout the sorties. Since Oct. 3, Travis has implemented at least one triple turn a week.

"While it is more common for smaller airframes, like a fighter or a trainer, to complete a triple turn successfully and easily, it is rare, if ever, to see an aircraft of the complexity and size of a C-5 to accomplish this feat." said Col. Janet Therianos, 60th Operations Group commander. "To accomplish this "trip turn" speaks volumes to the coordination and efforts between the maintainers and operators. And to make this a total Team Travis success involving active duty and Reserves, makes it that much more significant,"

The C-5 provides Air Mobility Command with intertheater airlift as an outsized cargo transport with a tremendous payload capability and is one of the largest airframes in the world today. However, the C-5 has a couple of big issues, said Therianos.

One of the most common challenges is the C-5's reliability due to the age and maintenance required for such large aircraft, she said. Travis' more than 30 C-5

airframes range from 1960s to 1980s technology, and maintenance crews work long hours to ensure the aircraft are ready to go to the fight for aircrew and scheduled missions. Institutionalizing the C-5 triple turn is designed to minimize maintenance and maximize the use of the aircraft, or "tails," in a one-day period, allowing the wing to also continue to "grow" its crews and make sure training requirements are met, in addition to deployment and mission requirements for Operation Enduring Freedom, said Therianos.

The second challenge with the C-5 is its local availability for training, especially at Travis, where operations tempo is high and mission taskings are many.

The C-5 triple turn will likely only be used locally for training, Therianos said. According to SMSgt. Alan Chung, C-5 Current Operations and a C-5 loadmaster, a C-5 trip turn is a versatile concept. "(The trip turn) allows us to schedule and accomplish all types of training our aircrews need, including engine running offloads, engine-running crew changes, aerial refueling and transition work that encompasses touch and goes, pattern work, maintenance of flying currency requirements, etc."

A1C Cynthia Dalton, a C-5 scheduler and track manager, coordinates the aerial refueling contacts, plans time coordination of the sorties and ensures aircrews are where they're needed most. "The concept (of a triple turn) looks great on paper, but our first attempt to plan a C-5 trip turn took us about seven to 10 days," Dalton said. "It's been a lot easier to plan since that first trial."

Fuel and timing are two critical factors in generating a triple turn for a C-5, she mentioned. If a C-5 triple turn is maximized, the aircraft could fly for approximately 12.5 to 13 hours and provide three different aircrews necessary training for real-world missions, Dalton said

The C-5 triple turn not only is an asset for meeting training requirements, but it also decreases maintenance manpower required for these maintenance-intensive aircraft. "The triple turn does help tremendously," Maj. David Coley, 60th Aircraft Generation Squadron supervisor, said. "It decreases our man hours necessary to service these aircraft, especially at a time when at number of our folk are deployed and we have very few C-5s to play with to meet our training requirements here. In my 10 years working with the C-5, this is the first time I've seen them do a triple turn; traditionally, when a C-5 comes down, we have to work on them."

Maj. Mike Spencer, a C-5 instructor pilot with the 22nd Airlift Squadron, suggested that the C-5 performs better when left running. "The theory is that a C-5 will break less often if it is kept running and its engines aren't turned off as frequently during a day," he said.

Not only is planning a C-5 triple turn logistically challenging, but keeping the timing down to a "T" can become interesting. "You have to manage your profile so you can accomplish all the training you need to get done with your crew or students in that usually four-hour block of time you have when a C-5 does a trip turn," Spencer said. "You always want to do things on time to begin with; this just makes it pretty tight and puts a little more pressure on you to make things happen like clockwork. On the other hand, you have better resource utilization, and it eliminates room for mistakes," he said.



We're all in this together

Military spouse values chance to see President



Amy

Spouse of deployed Travis member

In Wednesday, Oct. 17, my daughter and I went to see our wonderful President speak. While we were waiting, I encountered a lady in uniform. She was very tall, standing in front of me, and unwilling to switch places with three children about the age of ten. We were right up front, and her switching places would not have hindered her view. Her reply to my asking was, "It is more important for me to be here than any dependent or dependent's child because I have done my time and service." I said to her, "It is important for all of us to be here."

The children who wanted to see the President each have a father that is deployed, as well as many other children on this base. As well as the children with parents deployed, there are many spouses that have sent a husband or wife overseas. I was very upset by this lady's attitude, and I feel that my feelings are the same as most dependents of active duty.

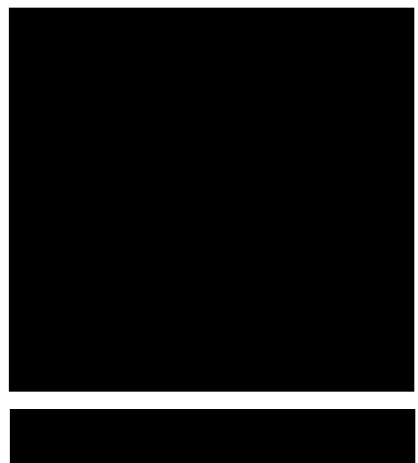
I may not put on a uniform and go to work every day. I do not earn rank or promotion, and I certainly do not wear my husband's rank on my shoulders. I do not even get a thank you for my job. But when I married my husband, I knew my husband would enlist. I knew I would have a very special job. I may be called a dependent, but I support my husband in every-

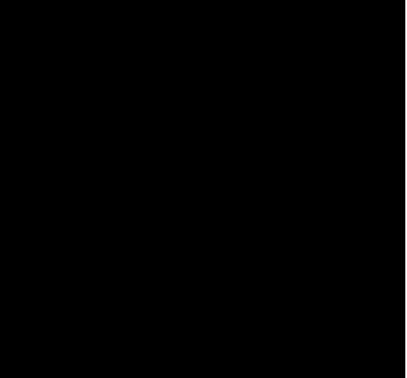
thing he does, not for his love of country, but mine. I wake up before my husband every morning to make sure he gets to work on time. It does not matter what my plans are for that day; my schedule revolves around his. I have to plan what I do around the military just the same as him. When he deploys, which often he does, once again I have to change my plans. Now, in these dark times our great nation is facing, I have sent my husband off to war. I chose to stay here instead of going home. I chose to stay here and wait. By waiting and supporting him, I am showing my love of country. If I was not here supporting him, then his job would be much harder. He needs my support to encourage him to do his job. He needs to know that I am strong so he can continue to defend this country the way we need him to. I stay here keeping his child safe, paying the bills, and just letting him know he has a family and home to come back to. When someone tells me that I am not just as important, or as patriotic as someone that is active duty, this is my job description. We are not just dependents, we serve and sacrifice just as much as someone on active duty. When I married my husband, I married the military also.

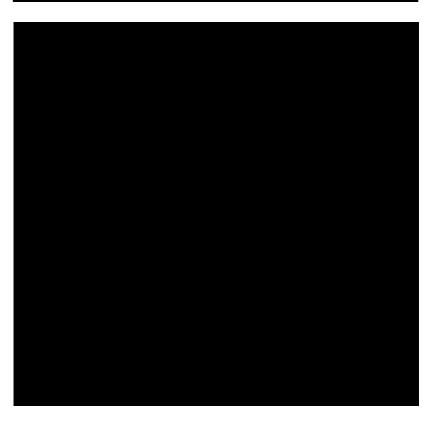
I do not expect recognition or a thank you. I just hope when active duty deploy, they know we stay home supporting them more than anyone else. Not for their love of country, but ours. And we often do so without fear or emotion. I am very proud of my job, and even though I sacrifice a lot on a regular basis, I would not change my life even for a second.



Youthful expression: Kyle, the 6-year-old son of Maj. Robert Svetz, 70th Air Refueling Squadron, expresses his feelings toward his country, According to his father, Kyle was one of the lucky individuals who had the opportunity to shake President Bush's hand during his recent visit to Travis. After shaking the President's hand, Kyle looked up to his father with a smile and said, "I just shook the hand of the most powerful man in the world."







hief' in two worlds

By Michael T. Moseley Daily Republic liaison

As Native American Heritage Month kicks off at Travis, local Native Americans like CMSgt. Geno Talas reflect on how the two cultures - Air Force and American Indian — blend as one.

"It wasn't hard to adjust to military life," Talas said. "The respect that you learn from your fathers and uncles on the reservation is the same discipline that you learn in the Air Force. That was not hard to follow. It was in my upbringing."

Talas was born and raised on the Hopi Indian Reservation in Northeastern Arizona and is a member of the Reed Clan of the Hopi.

Talas explained that the Reed Clan was named for the conveyance his people used to climb to the surface from the center of the Earth.

"It comes from the Hopi

creation story," Talas said. "The People tried several means to reach the surface, but finally used the reed or bamboo. They climbed on the inside of the reed. The reason there are notches in bamboo is because that is where the People stopped to rest on the long climb."

Having attended a reservation school in Monencopi Village, near Tuba City, Arizona, Talas enlisted in the Air Force right out of high school.

Being from a small village, whose nearest large town is Flagstaff, Talas was used to two things — wide open spaces and having to walk everywhere he went.

"It was quite a shock for me when I came in the service to have transportation whenever we went somewhere," Talas noted. "Even if we were just going down the street, we would have to get into a truck or something."

Another thing that took a little getting used to was the close proximity and abundance of buildings around him.

"I was first stationed on the East Coast," Talas recalled. "There was so much of everything. I was used to not having much on the reservation; all of a sudden there's plenty of everything. Things we take for granted today were things I appreciated having back then. It was amazing to me "

After 27 years of Air Force service, Talas doesn't regret a single moment. In fact, it is his desire to retire and return to the reservation.

"I would like to go back and teach young people that there are opportunities for them in the Air Force," Talas



Michael T. Moseley / Daily Republic liaison

CMSgt. Geno Talas, 21st Airlift Squadron superintendent, has enjoyed 27 years of blending two cultures - the Air Force way of life and his Hopi Reservation upbringing. Talas is one of the many Native Americans at Travis who will be celebrating Native American Heritage Month, which kicks off with an NAH luncheon at the Delta Breeze Club. The luncheon will feature guest speaker and local Native American author SpiritWalker and White Mountain Apache dancer Little Coyote. For more information, call SMSqt. Michelle Charleville at 424-3895.



Congratulations Team Travis members

Lackland NCO Academy graduates 16 Travis TSgts

- >> Thomas Barraza, 60th Aerial Port Squadron
- → Regina Campbell, 60th Dental Squadron
- → Mark Edwards, 715th Air Mobility Squadron
- ⇒Janet Frye, 60th Medical Group
- ▶Dale Jackson, 21st Airlift Squadron
- → Michael Lemon, 21st AS
- → Albert Lepovsky, 60th Logistics Group
- → Michael Lopez, 60th Communications Squadron
- → Brian Lyga, 60th Mission Support Squadron
- >> Crystal McCaskill, 60th APS
- → Douglas Micklich, 815th AMS
- →Bailey Morgan, Jr., 22nd AS
- >> Russell Partain, 60th Aircraft Generation Squadron
- ► Kathleen Sepulveda, 60th Medical Operations Squadron
- ▶ Jeffrey Tichinel, 60th Transportation Squadron

Distinguished Graduate

→ James Williams, 60th Logistical Support Squadron

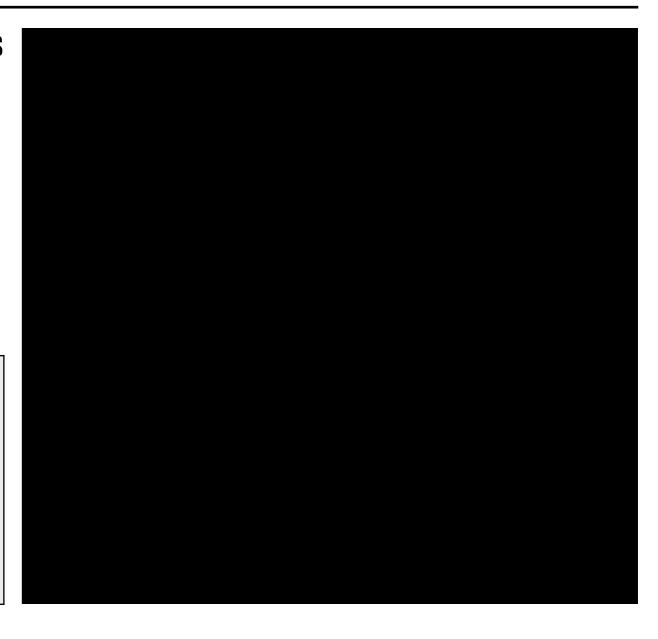
NEWS NOTES / From Page 4

Purchase care training

Government purchase care training (formerly IMPAC) is scheduled for Thursday. $\,$

This is base-wide initial training for new cardholders and billing officials and base-wide refresher training for current cardholders and billing officials. This training is an annual requirement. If you have not attended this training in 12 months, you must attend. Training classes will be held at 8 a.m. and 1 p.m. at the Travis Conference Center. No sign-ups are necessary.

If you have any questions, please contact 1st Lt. Shawna Bowshot at 424-7731.





Dorm life: A few tips from a dormitory resident

View

A1C Alice Moore **60 AMW Public Afffairs**

It's been nearly two months since I've joined "Team Travis" from technical school.

Like many of the airmen here, I also live in the dorms.

However, being young and new to an area can be difficult for anyone at times.

Throw that in the mix of things associated with living in military dorms and it can easily end up being either one of the best experiences or worst experiences of your life.

For the most part I've really enjoyed living in the dorms.

However, there have been a few things I've been subjected to. There are also other things that I've heard from people around me that kind of concern me.

I haven't had nearly as much exposure to the Air Force as others, but there is advice I can give to anyone living in the dorms based on my experiences so far.

Anyone who lives in the dorms should know that you're not alone. There are a great number of us. "Be considerate of your neighbors."

We all should try to keep our trash where it belongs, which is in the garbage, not outside.

We're all adults, in my opinion, and should know that it is considerate not to leave your clothes in the washers or dryers for an unreasonable amount of time, such as more than a day.

Remember that dormitory quiet hours are all the time. All of us work different hours. Think about it before you feel the need to crank up your stereo. Your neighbor may have just gotten to sleep after working all

And yes, even in the military it's sad to say that there are thieves among us. I'd just like to suggest that everyone keep valuables secure. A great way to do this is making sure your windows and doors stay locked when you're not occupying your

A great piece of advice is if you're under the age of 21, DON'T DRINK!

There are several dorms that cannot have alcohol because of the growing number of underage airman that chose to drink in the dorms.

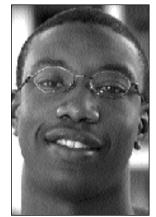
It's not fair for those of us who are of age to have to lose privileges because of people that want to break the rules.

One final suggestion is to choose your friends wisely.

Don't let yourself get into a world of trouble on account of someone else. Remember that there are always people who chose to violate rules a number of times regardless of the consequences. Some people just can't be convinced to change their ways. And a great number of those people are always looking for someone to get in trouble with them.

All of us should remember that we represent the Air Force at all times. There is a standard that we're all responsible in upholding. I know I try my best to always remember this, and so should all the dorm residents. It would improve the great quality of life we already enjoy.

Words from the residents



"Keep the dorm areas outside clean, and leave your trash in the garbage."

> SrA Chris White, 60th **Communications** Squadron



"Choose your friends wisely, and don't get caught hanging around slackers.′

> Amn. Jennifer Yearsley, 60th Mission Support Squadron

Photos by A1C Alice Moore / 60th AMW Public Affairs

Base begins enforcing vehicle registration policy

By Tailwind Staff

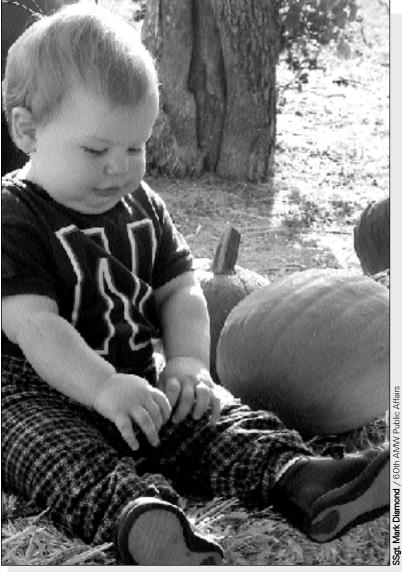
Starting Nov. 13, the 60th Security Forces Squadron will be conducting spot checks throughout the base and at the main gate to ensure personnel are properly registering their vehicles on the installation.

Personnel currently owning an unregistered vehicle are highly encouraged to contact their unit orderly room to register the vehicle as soon as possible. If Security Forces contact someone who has been on base more than two weeks and has failed to register their vehicle, that person will be cited for the violation and referred to their commander for corrective action.

Also starting Nov. 13, people will not be allowed entry onto

Travis using their ID card only. People must have a vehicle decal (DD Form 2220) or they will be issued a visitor's pass until they get their vehicle properly registered. There are only a couple of exceptions.

Questions concerning registration of vehicles on Travis should be directed to unit orderly rooms or the Pass and Registration Section at 424-3235.



Pumpkin patch kid: A Travis youth enjoys the Harvest Festival at Child Development Center No. 1 Oct. 26. The event included a variety of games, treats and a pumpkin patch



TRAVIS AIR FORCE BASE (AMC)

GATE HOURS OF OPERATION



Main gate 24 hours Visitors center 6 a.m.-10 p.m.

North gate (Vacaville) 6 a.m.-10 p.m.

Hospital gate 6 a.m.- 6 p.m. M-F

Forbes gate 6:30-9:30 a.m. M-F 12:30-4:30 p.m. M-F







Courtesy photo

Competition for the Air Force's newest multirole aircraft ended Oct. 26 when Air Force Secretary Dr. James G. Roche announced the Lockheed Martin team as the winner of the Joint Strike Fighter program.

Lockheed Martin wins JSF contract

Aircraft will be premier fighter platform through 2040

By SSgt. A.J. Bosker

Air Force Print News

WASHINGTON — Competition for the Air Force's newest multirole aircraft ended Oct. 26 when Air Force Secretary Dr. James G. Roche announced the winner of the Defense Department's Joint Strike Fighter contract in a Pentagon press conference.

"Both proposals were very good, but on the basis of strengths, weaknesses and degrees of risk of the program, it is our conclusion that the Lockheed Martin team is the winner of the Joint Strike Fighter program on the bestvalue basis," said Roche.

This selection will allow Lockheed Martin's X-35B to enter the next acquisition phase — system development and demonstration, said Edward C. "Pete" Aldridge Jr., undersecretary of defense for Acquisition, Technology and Logistics, in comments leading up to Roche's announcement.

"Today's Joint Strike Fighter announcement is a momentous step forward in our efforts to recapitalize and modernize the Air Force's aircraft fleet," said Gen. John P. Jumper, Air Force chief of staff, in a written statement. "(It) is an essential element of our continuing transformation.

"The JSF brings persistent stealth over the battlefield for the first time, and will enhance the lethality and survivability of American and allied combat air, sea and ground forces," Jumper said. "This dynamic multi-role aircraft brings a robust air-toground capability that will enable us to bring critical effects to bear on tomorrow's battlefield."

According to Aldridge, there will be three variants of the JSF: a conventional takeoff

and landing variant for the Air Force; a carrier-deck compatible variant for the Navy; and a short takeoff and vertical landing variant for the Marine Corps and United Kingdom.

"The JSF will be the world's premiere strike platform beginning in 2008 and lasting through 2040," Aldridge said. "It will provide an air-to-air capability second only to the F-22 air superiority fighter. The JSF will allow for migration by U.S. forces to an almost all stealth fighter force by 2025."

The source selection process was very strict, he said.

It began when Boeing and Lockheed Martin were each awarded contracts to compete in the concept demonstration phase of the JSF program in 1996. They began flying their concept demonstrators, the X-32B and the X-35B respectively, in 2000.

This "fly-off" was designed to provide insights on basic aircraft performance, including commonality, modularity, short takeoff and vertical landing, hover and transition capabilities, and aircraft low-speed handling qualities.

The JSF is unique in that it is a joint program featuring a "family of aircraft" concept. It is designed to reduce development and production costs and the total cost of ownership by producing similar variants of the same aircraft for the each customer.

The Air Force will be the largest JSF customer, purchasing 1,763 of the conventional takeoff and landing version of the aircraft.

The Marine Corps is expected to purchase 609 of the short takeoff and vertical landing aircraft variant. The United Kingdom's Royal air force and navy are also expected to order 150 of the STOVL variant. The Navy is expected to buy about 480 of the carrier variant.

GOT AN INTERESTING STORY IDEA?







AF makes 1 millionth food drop to Afghanistan

By MSgt. Joe Bela

U.S Air Forces in Europe Public Affairs

RAMSTEIN AIR BASE, Germany (AFPN) — U.S. Air Force aircrews delivering humanitarian daily rations to Afghanistan Oct. 31 surpassed the 1-million mark when a loadmaster on board one of two C-17 Globemaster III cargo planes symbolically tossed a lone packaged meal from the rear of his transport plane.

The mission was the 61st successful flight for the C-17s and aircrews, which continue to airdrop the meals, commonly referred to as HDRs, to displaced refugees throughout the country.

The C-17s and aircrews, temporarily sent here from Charleston Air Force Base, S.C., have been delivering 34,000 to 70,000 of the meals, enclosed in plastic, almost every night since the humanitarian aspect of Operation Enduring Freedom began Oct. 8.

"Last night was a major milestone, 1 million HDRs delivered, and we will continue to drop HDRs, said Col. Bob Allardice, the C-17 humanitarian airdrop mission commander." This is symbolic — of our continued effort and commitment to the people of Afghanistan.

"The U.S. is committed to providing relief to people who are starving," he said. "From our crews' perspective, that's a good thing and we will continue to focus on our mission."

The two C-17s delivered about 35,000 rations, including the 1 millionth, over northeastern

Afghanistan using the now-proven tri-wall air delivery, or TRIAD, system.

Refrigerator-sized cardboard boxes filled with rations are tied to static lines that release the containers as they roll out the rear of the aircraft. The containers disintegrate in midair, scattering the HDRs over targeted drop zones.

"We knew we were going to have the 1 millionth (HDR) on board, and we were proud to be the crew to do it," said C-17 pilot Lt. Col. "Shane," whose last name is being withheld for security reasons.

"I think every one of these flights is special, but 1 million, that's really special," Shane said. "I've been flying for 18 years and I jumped at the opportunity. Every one of us knew we had to get airborne and en route. It was going to happen. There was no way we weren't going to drop the 1 millionth."

SSgt. "Pete," the loadmaster who tossed the symbolic HDR out the rear, called the historic opportunity an honor.

The initial load went out the back — 42 containers laden with HDRs were dropped in about eight seconds. Wearing high-altitude gear to protect him from the harsh elements, including a lack of oxygen and roughly 68-degree-below-zero temperatures, Pete grasped the HDR, held it up to his face for a moment, and then flung it out the rear.

"I sent it out special," Pete said. "At that moment, I



Mannie Garcia

C-17 Globemaster III loadmaster "Brian" removes tiedown straps in preparation for dropping tri-wall air delivery systems containing humanitarian daily rations. The Wednesday mission surpassed the 1-million mark of rations dropped into Afghanistan since the humanitarian relief effort began Oct. 8.

remember thinking, 'there's another loadmaster and I don't want to hit him with it,"

So Pete used an overhand toss to send it on its way into the darkness, and hopefully into the waiting hands of another hungry refugee.

AWOL leads to court martial, confinement

By Col. William Orr, Jr.

60th AMW Staff Judge Advocate

During court martial procedings Oct. 11, AB De-Mon L. Jenkins, 60th Transportation Squadron, was court-martialed for being absent without leave or authorization (AWOL) for 25

On Aug. 23, the 60th Transportation Squadron commander notified Jenkins that he was going to be administratively discharged from the Air Force for a pattern of misconduct. On, Sept. 7, Jenkins decided to leave Travis and not return for duty. Jenkins was not seen again until Sept. 28, when two staff sergeants from his squadron spotted him at a movie theater in Vacaville.

The staff sergeants talked with Jenkins and tried to convince him to surrender. It wasn't until three days later that Jenkins finally decided to surrender.

He was placed in pre-trial confinement at the California State Prison in Solano County, pending court-martial, because he was determined to be a flight risk.

Jenkins pled guilty to the charge of AWOL and elected to have a military judge alone determine his sentence.

The military judge found Jenkins guilty and sentenced him to 75 days of confinement — three days for each day Jenkins was AWOL.

Right to an attorney

New Area Defense Counsel provides sound defense

Area Defense Counsel

The newly assigned Area Defense Counsel for Travis is Capt. Rebecca Ballenger. She

is licensed in the

state of Okla-

homa. Prior to

being assigned to

assigned to Beale

AFB, Calif., and

Little Rock AFB,

Defense Counsel

represents mili-

tary members in

adverse military

actions. Ballenger's chain of

command runs through Lt.

Ark. The Area

Travis, she was

Ballenger

Col. Boyle of the Western Circuit to the Commander of the Air Force Legal Services Agency. This means that no commander on base can influence her advice or tactics. Ballenger provides a responsible, aggressive defense and strict confidentiality. Be aware that members have the right to remain silent and the right to consult with an attorney before making any oral or written statements.

Ballenger suggests that these rights be invoked. A good defense begins with the member.

The Area Defense Counsel can be contacted at 424-4569.

Anthrax suspends two mail programs

By Jim Garamone American Forces Press Service

ALEXANDRIA, Va. (AFPN) Military postal officials

reluctantly suspended the 'Operation Dear Abby" and "Any Service Member" postal programs because of the anthrax threat.

Alan F. Estevez, acting assistant deputy undersecretary of defense for transportation policy, suspended the two programs in a signed Oct. 30 memorandum to the Military Postal Service Agency. The memo formalizes an interim agency suspension issued Oct. 16. Effective immediately, mail will no longer be accepted for these anonymous-sender programs.

The Dear Abby program, founded by the newspaper advice columnist, has delivered mail to U.S. servicemembers overseas during the holiday season for 17 years. The "Any Service Member" mail program grew out of Desert Shield and Desert Storm, but really cranked up during the U.S. assistance to Bosnia in 1995, officials said.

"Both of these programs create an avenue to introduce mail into the system from unknown sources," officials said. "The recent mail-related attacks have demonstrated the vulnerability of the postal system."

Mail handling has become more sensitive and time consuming, officials said, and the increased volume of mail that would result from the Dear Abby and Any Service Member programs could impact the quality of military postal service and force protection.

Seatbelts are hugs from your car!



GOT AN INTERESTING STORY IDEA? Call 424-0131.

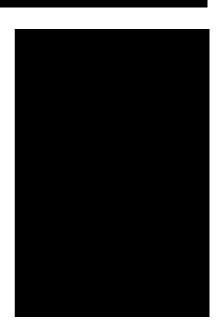
NEED A RIDE?

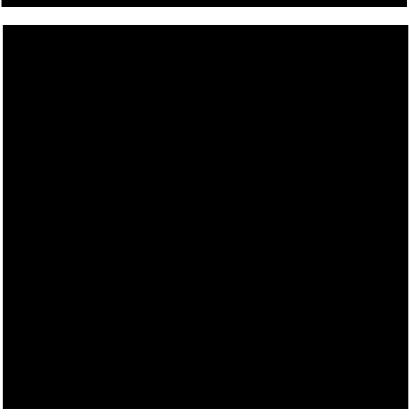
If you are in no condition to drive, use the Dial-a-Ride program. Telephone numbers for participating taxi companies are:

Fairfield Taxi (707) 422-5555 **Yellow Cab of Vacaville** (707) 446-1144 Yellow Cab of Sacramento (916) 442-4696



CALLING A CAB IS A BETTER OPTION THAN THE ALTERNATIVES.





CHAPEL

Services

Catholic

Monday through Friday, 11: 30 a.m., communion service or Mass, Chapel

Thursday, noon, Catholic communion service, David Grant Medical Center Chapel.

Saturday, 4 to 4:45 p.m., confessions, Chapel One.

Saturday Mass, 5 p.m., Chapel One. Sunday Mass, 9 a.m., Chapel One. Sunday, 9 a.m, children's liturgy of the Word, Chapel One,

Sunday Mass, 12:30 p.m., Chapel Center.

Protestant

Friday, noon, 30-minute worship service, David Grant Medical Center Chapel. Sunday, 8 a.m., community, praise & worship service, Chapel Center.

Sunday, 10:30 a.m., community worship service, Chapel Center. Nursery class for kids 3 months to 3 years.

Sunday, 11 a.m., community Gospel service, Chapel One.

Jewish

First Fridays, 7 p.m., Sabbath services and third Saturdays, 10 a.m., Sabbath services are temporarily meeting offbase. Call 424-3217 for locations.

Religious Education

Sunday, 8 & 10:30 a.m., Children's Church, 4- to 8-year-olds, Chapel Center. Sunday 9:15 to 10:20 a.m., Sunday School for ages 3 and up, Chapel Center. Sunday, 11 a.m., Children's Church, 4- to 8-year-olds, Chapel One.

Catholic

Tuesday, 7:30 p.m., OCIA, Chapel Center

Monday, 6:30 p.m., education classes, RE Wing, Chapel Center.

Youth Groups

Protestant

Monday, 6 to 7 p.m., "Community Teens For Christ," 12- to 18-year-olds, Chapel One annex.

Other Groups

Second Tuesdays, 7 p.m., Protestant Women of the Chapel, Chapel Center. Fridays, 12:30 p.m., Protestant Women of the Chapel Bible study, Chapel One. First Saturdays, 8 a.m., Protestant Men

of the Chapel, Chapel One. Fourth Saturdays, 6:30 p.m., Community Young Adult Group, Chaplain Sander's

Inside Out

home on base

Sundays, 6:00 p.m., rock and praisestyle worship. Chapel One.

Special events

- ► Tonight is the last night for the Travis 11 a.m. community Gospel worship service's fall revival at Chapel One. The quest speaker is Dr. Claybon Lea, Jr., pastor of Mt. Calvary Baptist Church in Suisun. Worship service begins at 7 p.m.
- ▶ The Protestant Men of the Chapel will host a breakfast Saturday at 8:30 a.m. at Chapel Center for all of the young ladies of the chapel. Guest speakers are Sharon Homer, Rachel Coggins and Lisa Sanders. For more information, call 424-3797.

TRAVIS COMMUNITY EVENTS

Wednesday — ▲ Learn quick quilting techniques in the Lap Top Quilting class. The class teaches participants how to complete a small quilting project in only two hours. The \$20 cost includes all materials. Class schedule depends on interest. For more information. call Bob Rayborn at 424 - 1338.

Ongoing — ▲ There are prizes galore available in the Delta Breeze Club's Ultimate Membership Drive. Anyone who joins the club between now and Nov. 18 will have a chance to win one of nine new cars being given away to Air Force club members worldwide. Existing club members are already registered for a chance to win. New club members who sign up at commander's calls can also win six months free dues, \$100 cash and free lunch buffets at the club for a year (a \$1,450 value). All new club members get \$65 in Services coupons and two months free dues. For more information, call 437 - 3711.

▲ The Outdoor Adventure Program's indoor rock wall is the perfect place to get fit or even a great way to have a party. Check out these fun activities.

Private rock party. Plan now for a private rock climbing party for up to 25 people. Reservations are required at least two weeks in advance. The \$5 per person cost includes a volunteer to help teach and supervise the climbers on proper techniques and all equipment needed.



Little League meeting: The Youth Center will host an organizational meeting for the 2002 Little League baseball season Nov. 20 at 6:30 p.m. Nominations and elections will be held for league president and vice president, secretary/treasurer and more. Parents, players, those wishing to coach or anyone interested in the Travis program are welcome to attend. Call 424-5392.

Party is limited to two hours. Schedule the party after hours on weekdays or weekends.

Belay Clinics. Free belay clinics are offered Tuesdays from 6 to 8 p.m. Registration is required at least three days prior. The clinic teaches participants the basics of climbing. Also learn the proper use of the belay equipment, voice commands, knot tying and safety.

Open climb. The rock wall is available for open climbing from 8 a.m. to 6 p.m., Mondays and Tuesdays, from 8 a.m. to 6 p.m., Thursdays and Fridays, and from 9 a.m. to 1 p.m., Saturdays. Cost is \$5 with equipment and \$3 without. Climbers must complete belay instruction in order to use climbing equipment without instruction.

▲ Depending on snow conditions, the Outdoor Adventure Program plans to offer ski trips every Wednesday and Saturday throughout the season. Ski such world-renown resorts as Squaw Valley, Sugar Bowl and Sierra at Tahoe. Purchase discounted lift passes at OAP. Talk with the folks at the **Equipment Rental Center to** get skis, boots, snowboards and more. Watch for upcoming trip announcements. The \$20 cost for these trips covers transportation only.

Book fair

The Travis Chapel Catholic community is sponsoring a Book Fair today from 4:30 to 8 p.m. and Saturday from 10 a.m. to 8 p.m. at Chapel One. Items such as books, tapes, CDs and videos will be for sale. The book fair is open to all base personnel. For more information, call SSgt. Artecia Robinson at 424-

ATWIND prizes

Several hundred ATWIND prizes cannot be delivered because would-be winners did not supply complete mailing

information or have changed addresses and did not supply a forwarding address. If you think you may be one of these individuals, contact Sam Parker, AMC Marketing, at DSN 779-7539 or (618) 229-7539 to update your ATWIND information. You may also send an email to

Sam.Parker@scott.af.mil.

Wreath/craft sale

The Travis Fisher House is holding its seventh annual holiday wreath/craft sale and open house Dec. 2 from noon to 4 p.m. at 100 Bodin Circle. Festive, elegant and traditional

wreaths and crafts donated by local florists, merchants and individuals will be on display for purchase. Refreshments will also be served. All proceeds will go to the Travis Fisher House, a home-away-from-home for families of loved ones receiving care at David Grant medical Center. Since 1994, the Fisher House has been a haven for more than 1,500 families traveling from as far away as Asia, Alaska and Puerto Rico. The cost to operate the Fisher House is approximately \$100,000 per year, which comes solely from donations

FSC EVENTS

Tuesday

▼ Spouse employment orientation, 9 a.m. to 10 a.m. at the Family Support Center. Tap into the career focus networking, look at hundreds of job opportunities, learn about the career development classes at the FSC. For newly arriving spouses, spouses returning to work or spouses wishing to explore new career opportunities. Call 424 -2486.

▼ Career/life change management for any life change, from 1 to 4 p.m. Learn coping skills for: career change, lifestyle change, relocating to a new base or job change. Call 424 - 2486.

Wednesday

▼ WIC representatives will be at the FSC from 8:30 a.m. to 4 p.m. by appointment only. Call 435-2200.

Thursday

▼ WIC representatives will be at the FSC from 8:30 a.m. to 4 p.m. by appointment only. Call 435-2200.

▼ Budgeting and credit class from 9 to 11 a.m. at the FSC. Call 424-2486.

Family photos

In preparation for Military Family Week (Nov. 19-23), the FSC is requesting family photos to contribute to a military family collage. This will be a "traveling display" to different locations on base such as the BX and various services locations. It will honor Travis military families and will later be housed at the FSC. The **Department of Defense** knows that families are a critical part of the mission, and Military Family Week is a means of recognizing the sacrifices that military families make. Pictures may be dropped off at the FSC, or the FSC will take a picture of the family! Call 424-2486 for further information.

TAP workshop

The Department of Labor presents transition workshops monthly at the FSC for separating and retiring members that provide all ranks with four days of detailed information on preparing for an effective job search. A medical records screening is also included. Sign up for the next available course. Call 424 -2486.

Stop Loss remains in effect through January

By TSgt. Scott Elliott

Air Force Print News

WASHINGTON — Following a review of the current situation and major command inputs, the Air Force chief of staff determined that airmen in all Air Force Specialty Codes would be affected by Stop-Loss through January.

Citing the new homeland defense initiative and the requirements of fighting a new kind of war, Gen. John Jumper said he believes now is not the time for airmen to leave the service.

It was announced Sept. 22 that Stop-Loss would be effective immediately for the active-duty and Reserve components in order to preserve combat capability. Stop-Loss is a personnel program that prevents separations and retirements by involuntarily extending duty-service commitments. "Requirements for both Operation Enduring Freedom and Operation Noble Eagle are evolving daily, which makes it difficult to release people from the Air Force," wrote Jumper in a



Graphic by SSgt. Jim Verchio / 60 AMW Public Affairs

message to servicemembers.

Because homeland defense is a mission that has never before been implemented, personnel officials are working to establish required manning figures.

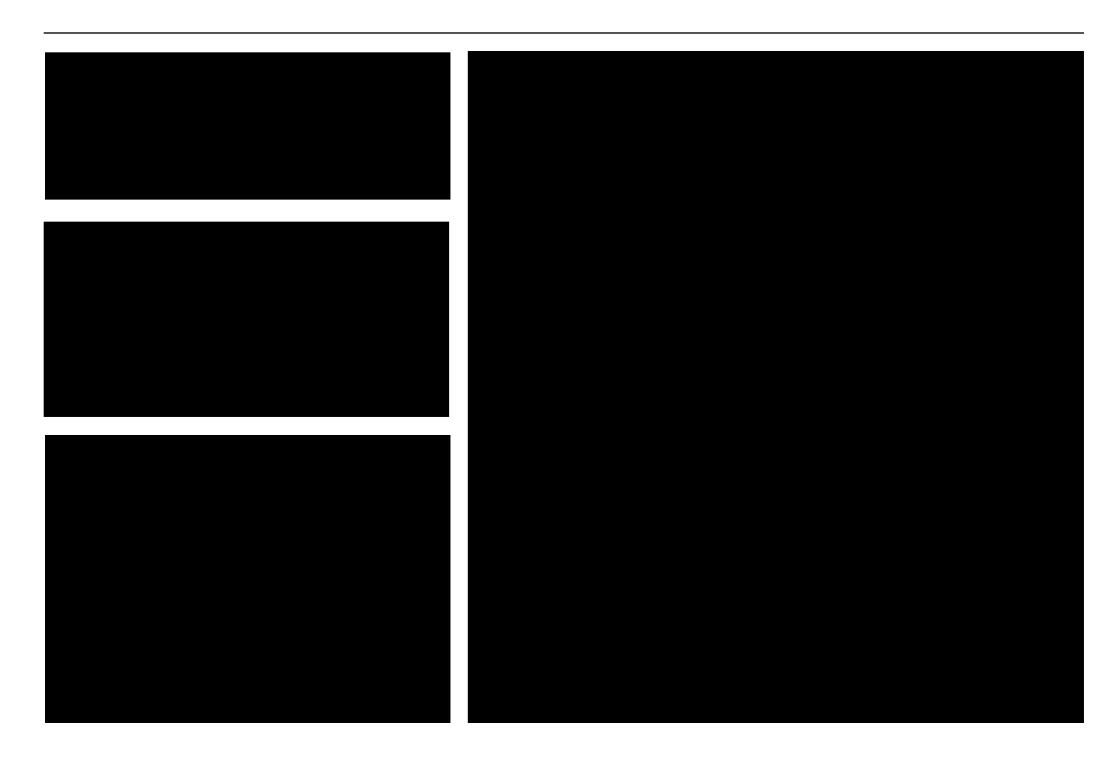
"The bottom line is that we are in the early stages of developing the wartime requirements, thus to release any career fields from Stop-Loss at this time would be ill-advised," Jumper

Separations and retirements from all AFSCs, initially frozen for 30 days, are now affected for at least an additional 90 days. There have been rumors suggesting April 30 or May 1 as Stop-Loss enddates. This is premature, according to the chief of staff.

"We'll take another look in January," he wrote. "Hopefully (by then), requirements will be better defined so we may be able to release some career fields from Stop-Loss.

This is a fight we did not ask for, but one we accept in defense of freedom-loving people everywhere. We have fought and defeated the forces of evil many times throughout our existence. With your help, we will do so again," Jumper wrote

For more information on Stop Loss and effected specialty codes, contact the Military Personnel Flight at 424-2267.







MSgt. Dave Nolan / Air Force New

A1C Melina Laboy stands watch at an entry control point. Laboy is deployed to Operation Southern Watch with the 332nd Expeditionary Security Forces Squadron from the 823rd Combat Security Forces Squadron at Moody Air Force Base, Ga.

Security Forces on edge since terrorist attacks

By TSgt. Mark Kinkade

Air Force Print New

OPERATION ENDURING FREEDOM — A1C Michael Malloy is a little tense these days. What was going to be another routine deployment to Operation Southern Watch — his third in his nearly three-year Air Force career — has become anything but just another tour in the sand.

The Sept. 11 terrorist attacks on New York and Washington have not only heightened security for U.S. forces worldwide, but also made the security forces in this part of the world realize they are standing guard on what could become the frontlines of the war on terrorism.

"We realize the threat is real," said Malloy, who is part of the 823rd Security Forces Squadron guarding forces in the region. "We used to think 'How can they mess with the United States?' We were pretty confident about what the threat was. Now it's in your face. We're right in the middle of everything."

Many of the cops guarding U.S. aircraft have been here before. Some from Moody Air Force Base, Ga., have pulled extended rotations of up to 120 days, then returned home for three months, only to deploy again.

Before the attacks, the deployments were routine affairs. Each day was yet another in a mind-numbing parade of hot, sandy, fly-infested 12-hour days walking a beat, patrolling in a Humvee or standing a post. Things were quiet.

MSgt. Darrell Oswald, who supervises the forces, said the images of aircraft slamming into the World Trade Center towers and the Pentagon made his people realize they are vulnerable to a terrorist attack.

"I think during the (Gulf) war, there was such a buildup and everyone slowly got used to it and really understood what was going to happen," said Oswald, a Gulf War veteran who has been on five deployments in Southwest Asia. "During the war it wasn't quite as intense as now, because now we're worrying about the terrorist threat, the bombings or something like that."

The forces here are not only concerned about attacks in Southwest Asia, but also in their hometowns.

"The guys are uptight about their families," Oswald said. "In the past, we didn't think our families would be in danger. We were over here. They were safe. But the attacks make them worry about the folks at home more."

Despite the worries, the cops are not wringing their hands and moaning about their woes. In fact, they said they are ready for what comes next. They know any U.S. response to the Sept. 11 assaults will probably increase the likelihood of terrorist activity. But they also are eager to get involved in the war on terrorism. They want to see the people behind the attacks brought to justice.

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60th AMW Public Affairs

"Committed to excellence" has been one of the mottos of the men and women of the 60th Aircraft Generation Squadron.

With the AGS providing support for the C-5 aircraft here, the events of Sept. 11 have left them heavily tasked, said 1st Lt. Alvie Melicano, AGS section commander.

Although the squadron is working hard, the AGS has gone above and beyond for their overall mission, each other and the community.

"As soon as the attacks on Sept. 11 happened, the different supervisors within our squadron were immediately asking what they could do to help," said TSgt. Humberto Jurado, AGS audio-visual manager.

Recently, the squadron has earned recognition for its rapid response for Operations Noble Eagle and Enduring Freedom. The AGS ensured the C-5 aircraft used to transport medical supplies and rescue teams were maintenance ready within 24 hours.

"If a C-5 does not take off on time, we may not be able to carry out our mission. We take pride in the fact that we're able to get the aircraft ready to go on time to carry out various missions," said Capt. Jeff Hayden, AGS gold flight commander.

"There is a sense of pride watching a C-5 get off the ground. Just knowing the impact of that makes the job worth while," said Melicano.

With Operation Enduring Freedom in full force, many of the squadron's team members have now been sent off to provide mission support abroad.

Melicano said that, along with carrying out their day-to-day tasks, the AGS also takes the time to support one another.

The squadron's family social support group offers assistance to families while the sponsor is deployed. The program assists with aiding expecting mothers and helping with providing temporary stress relief child-care, she said.

The squadron also held a spouse support dinner where valuable information was given to family members from various organizations that could provide assistance, such as the chaplain's office. Information was also given on where they could go to have video messages sent, said Jurado. Care packages were sent to deployed service-members containing items such as treats and magazines.

"We take care of the people that take care of the mission," said Hayden.

AGS is also known for their annual haunted house held on base.

Each year some volunteers from the squadron put together a haunted house in order to raise money for their booster club, said Jurado.

The funds raised for the booster club are used for programs such as providing baby baskets, recognition items for departing members and Dial-A-Ride, a program implemented to assist alcoholimpaired drivers, he said.

Along with providing support for one another, the AGS takes pride in supporting the community.

Every fourth Tuesday of the month Melicano, along with a few volunteers from the squadron, go to the Fisher House to prepare dinner. After preparing food for the guests staying at the house, "we all stay to eat with them as well," she said. "We stay to listen."

"I think it's important to help out the community here. It's involvement that makes Travis a healthy community as well as boost teamwork among us," said A1C Michael Casey, 60th AGS crewchief apprentice.

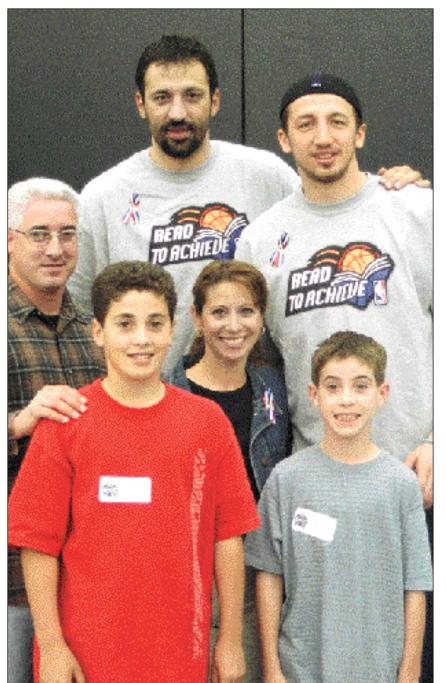
As well as volunteering at the Fisher House, AGS provides security detail for the Special Olympics of Northern California, said Melicano. The Special Olympics hold many different events throughout the year.

Melicano added that for the air museum's ground-breaking ceremony, the squadron also became involved with setting up displays.

Many of the members of AGS work many extra hours due to the world situation now, but they seem to go the extra step in giving up their time to volunteer in order to help, said Jurado.

"We have a committed leadership team. It's the senior officers as well as non-commissioned officers that motivate us to all work as a team."

TSgt. Sean Gracia, maintenance specialist, 60th Aircraft Generation Squadron, performs an operational check on a C-5 Galaxy. Members of AGS continue working long hours in support of Operation Enduring Freedom, and are proud knowing what they do is making a difference. (Photo by A1C Alice Moore / 60th AMW Public Affairs. Photo cut out by SSgt. Jim Verchio / 60th AMW Public Affairs)



TC Perkins .lr / Visual Information

tor a day

Travis children honored by Sacramento Kings

By TSgt. Scott King

60th AMW Public Affairs

aloof Sports & Entertainment and the Sacramento Kings National Basketball Association team hosted an interactive reading event Saturday for more than 75 children from Travis.

The "Read to Achieve" program is an NBA league-wide initiative aiming to draw attention to the importance of literacy among today's youth. The program includes the NBA's donation of more than 200,000 books, the creation of reading and learning centers throughout the country and hundreds of reading time-outs.

The Travis kids, along with kids from Beale AFB and Sacramento's Urban Search and Rescue team, were treated to "up close and personal" attention by the King's players, coaches and Slamson, the team mascot.

"It's great," said 16-year old Benjamen, child of a deployed Travis member. "We're getting autographs and everything.'

The kids were grouped according to age and rotated through a series of reading stations staffed by Kings' players and coaches.

There were also arts and crafts stations and a one-on-one station set up for kids to shoot hoops with the players.

"I think it's great thing for the military kids," said Chris Webber, star forward for the Kings. "So many of these kids move from place to place and are separated from their parents — especially during times like this.

"It's good that we can serve as role models for the kids and also show our appreciation for so many people who serve the U.S."

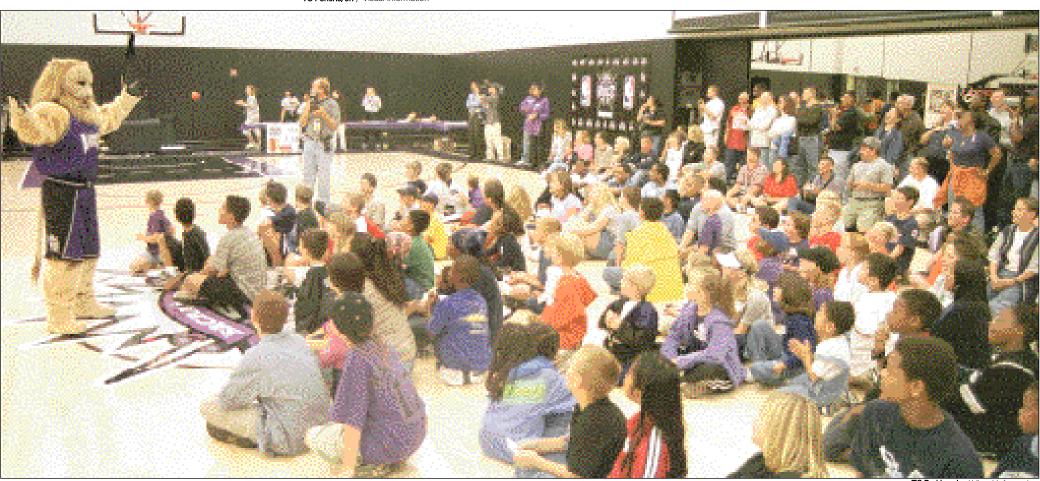
Not only do the Kings' players realize the impact they can make on youth, the owners are 100 percent committed as well.

"I grew up near Kirtland AFB; it's a good feeling knowing the Air Force protects our country and is now fighting for it," said Gavin Maloof, owner of the Sacramento Kings. "The kids can't help but be affected by the fact that their parents are overseas or could be anytime.

"It was an opportunity for us to give back to the real heroes of our society," Maloof said. "We take our hats off to the service men and women — it's the least we can do."



(Far left), Vlade Divac, center for the Kings, and Hidayet Turkoglu, forward, pose with members from Team Travis. (Left), Bobby Jackson, guard for the Kings, reads to his group of children. (Below), Slamson, the Kings' mascot, pumps up the crowd as the players enter the practice facility. More than 75 children from Travis attended the event that was aimed at increasing literacy while paying honor to the children whose parents are deployed.



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Fitness Center invites you to 'Exercise your Freedom'

By Brent Ruddell

60th Services Squadron

We've all heard the teasers on local or national television news shows before breaking away for commercial announcements "Newly published scientific research shows exercise is good for your health."

Living in the information age, where we're bombarded daily by such facts, this may not seem like news. However, recent events may cause many normally active people to become "shut in" and sedentary in their lifestyle without realizing it.

With this in mind, the Fitness Center staff is urging everyone at Travis, who may find themselves in this situation, to get out and "Exercise their Freedom." Exercise your Freedom is an initiative developed to get spouses of deployed active-duty members, or any family member at Travis who may feel isolated as a result of recent terrorist events, out of the house and into the two fitness facilities.

Whether you are thinking of beginning an exercise regimen for the first time or just looking for motivation to get back into the gym, here are some facts.

According to the American Medical Association, some of the advantages of exercise are:

- >> Look and feel better. Regular exercise helps to boost selfconfidence.
- ➤ Muscles become stronger and hold bones in correct alignment. This in turn helps relieve back and joint pain.
- » Bones become stronger, lessening the possibility of osteoporo-
- → Blood pressure is lowered as body fat is reduced.
- ➤ More efficient blood flow and lower cholesterol levels are byproducts of exercise. Therefore

the possibility of a heart attack is reduced.

However, the benefits of regular exercise go much deeper than muscle and bone. Research has proven regular physical activity can also keep you emotionally and mentally fit as well.

And, this benefit can be good medicine for the psyche at such a trying time as this, according to Fitness Center Fitness Specialist Barbara Hickenbottom.

Working out can give people who may feel isolated the opportunity to meet others who are in a similar situation," Hickenbottom said. "It's a safe, friendly environment, so they don't have to be afraid. The more active you are, the less likely you will feel depression."

And, medical findings support Hickenbottom's sentiment.

Researchers at Duke University studied people suffering from depression for a four-month period and discovered that 60 percent of the participants who exercised three times a week for 30 minutes overcame their depression without the use of antidepressant

And, according to TherapistFinder Journal's Jennifer Panning, individuals don't have to be suffering from clinical or diagnosed mental illness to receive substantial mental health benefits from regular exercise.

Panning stated that one study found brief workouts of eight minutes in duration lowers sadness, tension and anger and improves resistance to diseases in healthy people.

To discover the many ways to Exercise your Freedom and take part in the variety of fitness activities and programs at Travis, call Hickenbottom at 424-0989.

Fitness and Exercise Center activities

Aerobics classes. Take part in one the Exercise Center's fun and challenging aerobics classes and kick, step and dance your way to good health. Choose from such classes as Low Impact and Enhanced Step, Yoga, Hip-hop and Cardio Kickboxing.

Indoor cycling classes. Put a new spin on exercise and mount up on one of the 22 new StairMaster LeMond Revmaster cycles and get ready for the workout of your life. The Cycling class is a new group exercise program in which participants are challenged to keep up with the instructor. This class combines the aerobics benefits of group exercise with the fun and excitement of world-class racing.

Martial arts classes. Learning discipline and self-esteem are at the core of the martial arts program. Choose between three ancient styles of self-defense - Kung Fu San Soo, Tae Kwon Do and Kajukembo. Kick boxing is also offered.

The Fitness Center has a variety of ongoing services to help you get out of the house and into shape. Some services offered include:

Fitness orientation. This session covers an introduction to the Fitness Center's services, equipment and facilities. Get an informative overview of cardiovascular and strength equipment, basic gym rules and etiquette. No reservations are required.

Personal exercise program. This session includes an individualized fitness program based on one's fitness level and objectives. Individuals will be introduced to a self-directed exercise program developed by a Fitness Center staff exercise specialist to reflect the individual's fitness, health status and personal goals. One free personal training session per quarter is permitted.

MicroFit Testing. MicroFit testing is available to measure your blood pressure, body fat, biceps strength, flexibility and cardiovascular fitness. There is no cost.

Personal training with contract instructors. For a nominal fee, hard-to-motivate people who require ongoing, individualized training can get the help of contract instructors. Personal trainers are certified from various fitness organizations and can meet with you at a variety of hours.

Monday Night Football 'Gateway to the Bay' getaway

60th Services Squadron

You can't beat the view — watching professional football on a giant screen TV.... well, unless you add a view of the Golden Gate Bridge and the San Francisco skyline.

That view is exactly what you can have at the Travis Sailing Center, located at the foot of the Golden Gate Bridge in Sausalito, thanks to the new "Getaway to the Bay" for Monday Night Football promotion. The program kicks off Nov. 5, when the Denver Broncos take on the Oakland Raiders

at Network Associates Coliseum.

"Football is about kicking back with your friends and having a good time," said Dave "Archie" Archer, Travis Sailing Center manager. "And with everything that is going on, getting away from all the hectic pace is even more important."

Transportation is available from Outdoor Recreation to the Travis Sailing Center. Reservations are required. The bus departs at 4 p.m. Monday. For reservations, call 424-0970.

The Travis Sailing Center and Out-

door Rec have put together a special package for the Getaway to the Bay promotion. For \$15 per person, you receive transportation and dinner: giant sub, salad, soup and a medium soft drink.

We want everybody to have a great time," Archer said. "We are also hoping people will become interested in all the sailing programs we offer."

For more information about the Travis Sailing Center or the Getaway to the Bay promotion, call (415) 332-2319 or 424-0970.

SPORTS SHORTS

Youth football, basketball & cheerleading registration

The Youth Center is now accepting applications for its football, basketball and cheerleading programs. Age divisions for football are 6 to 7, 8 to 9, 10 to 12 and 13 to 15. Age divisions for the cheerleading are 6 to 7, 8 to 9 and 10 to 12. Age divisions for basketball are 9 to 10, 11 to 13 and 14 to 17 for both the boys and the girls leagues. Cost for all three programs is \$40 per child. An additional \$5 late fee is now being charged for all programs. Fee includes uniforms and pictures for football and basketball and pom-poms and pictures for cheerleading. Sign-ups for all three programs will still be accepted after the start of the season. However, late registrants may be placed on a waiting list pending team openings. Entrants placed on the waiting list don't have to pay until placement. For more information, call 424-5392.

CFC Aerobathon

A benefit fund-raiser for the Combined Federal Campaign will be held Monday at 5 p.m. at the Fitness Center. The workout will last three hours and include athletic speed drills, cardio kickboxing, step aerobics, hip hop aerobics, cycling and fitball toning. Participation and pledge information is available at the Exercise Center or call 424-5680.

Little league meeting

The Youth Center will host an organizational meeting for the 2002 little league baseball season Tuesday at 6:30 p.m. Nominations and elections will be held for little league president and vice president, play agent, secretary/treasurer, safety officer, public relations, uniform and equipment manager and game scheduler. Parents, players, those wishing to coach or anyone interested in the little league program are welcome to attend. The meeting is an open forum format allowing attendees to discuss any concerns regarding the Travis little league program. For more information. call 424-5392.

RevMaster cycling certification

Joan Wenson, a RevMaster professional, will be at Travis to conduct a oneday RevMaster instructor accreditation class Nov. 17 from 9 a.m. to 6 p.m. at the Exercise Center. Prospective and current instructors will be taught to adjust the LeMond RevMaster stationary bikes, recently acquired by Travis. Instructors will also learn to develop and lead RevMaster group cycling classes, create unique and fun programs and enhance all fitness levels. Cost is \$200. Registration can be paid at the Fitness Center. Pre-registration deadline is Tuesday.